



## Pregnancy & Recovery Arc Mildura | PRAM

# Questions to Ask Before a Termination

*If you have decided, after reading all the information and exploring all your alternatives, to choose abortion, it is crucial that you feel in control of this process, and aware of follow up care and support.*

### **Some questions to ask yourself...**

- Is this MY decision or am I feeling pressured in any way by any other person or circumstance?
- Have I explored all the support and other options available to me, including parenting or adoption?
- Have I considered how I might feel about this decision in the future .... in 1 month, 9 months, years from now?
- What support (emotional, practical and medical) will I have before, during and after the abortion procedure (whether medical or surgical) has occurred?

### **Some questions you could ask your abortion provider before making your appointment...**

- What is the name of the doctor who will be performing/overseeing the abortion?
- Does the doctor have admitting rights to my local hospital in case of complications?
- Do you provide independent counselling so I can discuss my options?
- Does this counselling cost money? If so, how much?
- Do I have to pay any money upfront before my counselling? If so, how much?
- Can I change my mind at any time and get a full refund of any money paid?
- Will you provide an ultrasound, and if yes, does this cost extra?
- Will I be allowed to view the ultrasound if I choose to?
- Will you give me written information about any possible physical or emotional after-effects of abortion?
- Will you be testing me for STIs before an abortion procedure is performed?

***If you are uncomfortable with any of their answers, you do not have to make the appointment.***

*If you still have questions, we're here to offer compassionate support and accurate information on all three of your options: abortion, adoption, and parenting. You don't have to face this alone. Check back for details about your nearest [pregnancy support service](#) to discuss your options or call 1300 139 313 for 24/7 support.*

*Note: The information provided in this service is intended to encourage, not replace, direct patient/health professional relationships*